#### Chapter 8 Paired observations

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#### Stat 205: Elementary Statistics for the Biological and Life Sciences

#### Book review of two-sample t-test ingredients

t Test  $H_0: \mu_1 = \mu_2$  $H_A: \mu_1 \neq \mu_2$  (nondirectional)  $H_A: \mu_1 < \mu_2$  (directional)  $H_A: \mu_1 > \mu_2$  (directional) Test statistic:  $t_s = \frac{(\overline{y}_1 - \overline{y}_2) - 0}{\operatorname{SE}_{(\overline{Y}_1 - \overline{Y}_2)}}$ P-value = tail area under Student's t curve with df =  $\frac{(SE_1^2 + SE_2^2)^2}{SE_1^4/(n_1 - 1) + SE_2^4/(n_2 - 1)}$ Nondirectional  $H_A$ : P-value = two-tailed area beyond  $t_s$  and  $-t_s$ Directional  $H_A$ : Step 1. Check directionality. Step 2. *P*-value = single-tail area beyond  $t_s$ Decision: Significant evidence for  $H_A$  if P-value  $\leq \alpha$ 

### Paired designs

- Paired data arise when two of the same measurements are taken from the same subject, but under different experimental conditions.
- Subjects often receive both a treatment  $Y_1$  and a control  $Y_2$ .
- Pairing observations reduces the subject-to-subject variability in the response.
- The analysis focuses on *the difference* in response from treatment to control. Let  $\mu_D$  be the mean difference for the entire population.
- We want a confidence interval for  $\mu_D$  and will want to test  $H_0: \mu_D = 0$  vs. one of (a)  $H_A: \mu_D \neq 0$ , (b)  $H_A: \mu_D < 0$ , or (c)  $H_A: \mu_D > 0$ .

# Example 8.1.1 Coffee and blood flow

- Doctors studying healthy subjects measured myocardial blood flow (MBF) (ml/min/g) during bicycle exercise before and after giving the subjects the equivalent of two cups of coffee (200 mg of caffeine).
- Some people have high blood flow both before and after caffeine. Others have low blood flow before and after.
- By focusing on *the differences* from the same individual before and after, we *adjust* for individuals tendancy to be high or low regardless.
- How does this analyis differ from those in Chapters 6 and 7? Observations are collected *on the same person*.

#### Example 8.1.1 blood flow data

Table 8.2.1	Myocardial blood flow (ml/min/g) for eight subjects			
	MBF			
Subject	Baseline y <sub>1</sub>	Caffeine y <sub>2</sub>	Difference $d = y_1 - y_2$	
1	6.37	4.52	1.85	
2	5.69	5.44	0.25	
3	5.58	4.70	0.88	
4	5.27	3.81	1.46	
5	5.11	4.06	1.05	
6	4.89	3.22	1.67	
7	4.70	2.96	1.74	
8	3.53	3.20	0.33	
Mean	5.14	3.99	1.15	
SD	0.83	0.86	0.63	

#### Example 8.1.1 blood flow data

Each subject has a connected line (control and treatment). What does caffeine do to bloodflow?

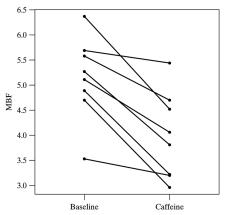


Figure 8.1.1 Dotplots of MBF readings before and after caffeine consumption, with line segments connecting readings on each subject

# Paired analysis in R

- Null is  $H_0: \mu_D = 0$ .
- t.test(sample1,sample2,paired=TRUE) gives P-value for  $H_A: \mu_D \neq 0$ .
- t.test(sample1,sample2,paired=TRUE,alternative="less") gives P-value for H<sub>A</sub> : μ<sub>D</sub> < 0.</li>
- t.test(sample1,sample2,paired=TRUE,alternative="greater") gives P-value for H<sub>A</sub> : μ<sub>D</sub> > 0.

#### R code for bloodflow data

We estimate  $\mu_D$  as 1.15 ml/min/g. We are 95% confident that the true mean bloodflow is between 0.63 and 1.68 ml/min/g greater in the control group. We reject  $H_0: \mu_D = 0$  at the 5% level because P-value = 0.0013 < 0.05. Caffeine significantly reduces bloodflow.

# Validity of paired t-test (p. 306)

- Let *n* be the number of paired observations.
- The paired sample t-test and confidence interval are valid if

   (a) The sample size is large enough, n > 30, say, or (b) the
   differences are approximately normal.
- Normality can be checked with a normal probability plot.
- If the two samples are sample1 and sample2, type qqnorm(sample1-sample2) in R.

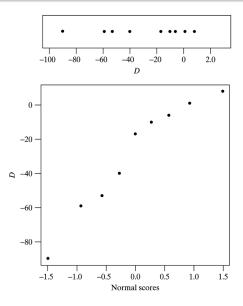
# Example 8.2.4 Hunger rating

- During a weight loss study each of n = 9 subjects was given either the active drug m-chlorophenylpiperazine (mCPP) for two weeks and then a placebo for another two weeks, or else was given the placebo for the first two weeks and then mCPP for the second two weeks.
- As part of the study the subjects were asked to rate how hungry they were at the end of each two-week period.

# Hunger rating data

Table 8.2.2 Hunger Rating for Nine Women					
	Hunger rating				
	Drug (mCPP)	Placebo	Difference		
Subject	$y_1$	<i>y</i> <sub>2</sub>	$d = y_1 - y_2$		
1	79	78	1		
2	48	54	-6		
3	52	142	-90		
4	15	25	-10		
5	61	101	-40		
6	107	99	8		
7	77	94	-17		
8	54	107	-53		
9	5	64	-59		
Mean	55	85	-30		
SD	32	34	33		

## Hunger rating dotplot & normal probability plot



#### R code for hunger rating

```
> drug=c(79,48,52,15,61,107,77,54,5)
> placebo=c(78,54,142,25,101,99,94,107,64)
> qqnorm(drug-placebo)
> t.test(drug,placebo,paired=TRUE)
        Paired t-test
data: drug and placebo
t = -2.7014, df = 8, p-value = 0.02701
alternative hypothesis: true difference in means is not equal to 0
95 percent confidence interval:
 -54.784709 -4.326402
sample estimates:
mean of the differences
              -29.55556
```

We estimate  $\mu_D$  as -30. We are 95% confident that the drug reduces hunger between 4 and 55 points. We reject  $H_0: \mu_D = 0$  at the 5% level because P-value = 0.027 < 0.05. The drug significantly reduces hunger.

## 8.3 Paired designs

Paired analyses reduce variability and make it easier to reject  $H_0: \mu_D = 0$ . Need to have the paired observations come from very similar experimental units.

Examples:

- Ex. 8.3.1 Two plants grown in the same container.
- Ex. 8.3.2 Case-control data from people matched on gender, age.
- Ex. 8.3.3 Tryglycerides measured before and after exercise.

# Example 8.3.4 Triglycerides and exercise

Triglycerides play a role in coronary artery disease. Researchers measured blood triglycerides in seven men before and after a 10-week exercise program.

Subject	Before	After	
1	0.87	0.57	
2	1.13	1.03	
3	3.14	1.47	
4	2.14	1.43	
5	2.98	1.20	
6	1.18	1.09	
7	1.60	1.51	

# 8.4 The sign test

- The paired t-test assumes that differences follow a normal distribution.
- If the data aren't normal and the sample size is small, e.g. n < 30, then you can use the sign test.</li>
- The sign test focuses on the median difference  $\eta_D$  rather than the mean  $\mu_D$ .
- This test looks at the number of differences  $D = Y_1 Y_2$  that are positive  $N_+$  and the number that are negative  $N_-$ . These numbers should be similar if  $H_0: \eta_D = 0$  is true.
- A P-value is based on the binomial distribution. Under  $H_0: \eta_D = 0, N_+ \sim bin(n, 0.5).$

# Sign test in R

- In R, binom.test( $N_+$ , n) tests  $H_0$ :  $\eta_D = 0$  vs.  $H_A$ :  $\eta_D \neq 0$ .
- Need to count the number of +'s and put that as first number, second number is sample size.
- For  $H_A: \eta_D < 0$  use binom.test( $N_+, n$ , alternative="less").
- For  $H_A: \eta_D > 0$  use binom.test( $N_+, n$ , alternative="greater").
- Ignore all output except the P-value.

## Example 8.3.4 Triglycerides and exercise

Subject	Before	After	Sign
1	0.87	0.57	+
2	1.13	1.03	+
3	3.14	1.47	+
4	2.14	1.43	+
5	2.98	1.20	+
6	1.18	1.09	+
7	1.60	1.51	+

 $N_+ = 7$  and  $N_- = 0$ ; P-value should be small.

> binom.test(7,7)
number of successes = 7, number of trials = 7, p-value = 0.01563

#### Two more examples

#### Hunger rating

```
> binom.test(2,9)
number of successes = 2, number of trials = 9, p-value = 0.1797
```

P-value from t-test is 0.02701; not close at all. The t-test has greater power to reject  $H_0$  when data are really normal.

#### Caffeine and blood flow

```
> binom.test(8,8)
number of successes = 8, number of trials = 8, p-value = 0.007812
```

P-value from t-test is 0.00127; fairly similar but t-test has smaller P-value (more power if differences really are normal).